

# Bayhealth Wellness Center @ Caesar Rodney High

*Meeting the needs of today's adolescents*

## Related Links

### **American Dietetic Association** [www.eatright.org](http://www.eatright.org)

ADA serves the public by promoting optimal nutrition, health and well-being. Stay informed. Get involved. Log on to get the most recent information on the ADA programs, toolkits and initiatives.

### **The Society for Adolescent Medicine** [www.adolescenthealth.org](http://www.adolescenthealth.org)

SAM is a multi-disciplinary organization of health professionals who are committed to advancing the health and well-being of adolescents.

### **The Parents League** [www.parentsleague.org](http://www.parentsleague.org)

Parents League is a not-for-profit membership organization of Independent Schools and families.

### **Sports Physical Examination Forms** [www.doe.k12.de.us.programs/diaa/forms.shtml](http://www.doe.k12.de.us.programs/diaa/forms.shtml) Review the summer hour for an appointment

### **The Unwind Company** [www.unwind.com/radio](http://www.unwind.com/radio)

The Unwind Company's purpose is to bring you the latest, stimulating, life-enhancing relaxation, back, body and massage products and services available.

### **American College of Sports Medicine** [www.acsm.org](http://www.acsm.org)

The ACSM promotes and integrates scientific research, education, and practical application medicine and exercise science to maintain and enhance physical performance, and quality of life..

### **Mental Health America** [www.mentalhealthamerica.org](http://www.mentalhealthamerica.org)

Mental Health America (formerly known as the National Mental Health Association) is the country's leading nonprofit dedicated to helping ALL people live mentally healthier lives.

### **National Eating Disorders Association** [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

NEDA serves the needs of national community by providing programs, product superior quality that support the elimination of eating disorders.

### **Other Health related websites:**

**Teen Wire** ([www.plannedparenthood.org/teen-talk](http://www.plannedparenthood.org/teen-talk))  
Answers to questions teenagers are embarrassed to ask.

[www.familydoctor.org/online/famdocen/home.html](http://www.familydoctor.org/online/famdocen/home.html)  
Health information for the entire family

[www.nemours.org](http://www.nemours.org)

5-2-1 Almost None Prescription to a healthy lifestyle

[www.safemedication.com](http://www.safemedication.com) - Medication information

[www.abovetheinfluence.org](http://www.abovetheinfluence.org)

Above the influence of drugs, alcohol, sex, ....

[www.usaaedfoundation.org/KEYS\\_video.asp](http://www.usaaedfoundation.org/KEYS_video.asp)  
Teenage Driving ~ On the Road

[www.immunize.org](http://www.immunize.org) - Immunization Information

[www.gardasil.com](http://www.gardasil.com) - Cervical Cancer Vaccine

[www.glsen.org/cgi-bin/iowa/all/home/index.html](http://www.glsen.org/cgi-bin/iowa/all/home/index.html)  
**Gay, Lesbian, and Straight Education Network**  
(bullying issues, sexual orientation or gender identity/expression, healthy school climate..)

### **Lt. Governor's Challenge** [www.getupanddosomething.org](http://www.getupanddosomething.org)

Get up and Do Something is a program of the Delaware Coalition to Promote Physical Activity and Healthy Nutrition.

### **KICK BUTTS GENERATION** [www.ysmoke.org](http://www.ysmoke.org)

Welcome! This is your link to KICK BUTTS GENERATION - Delaware's largest youth tobacco prevention and control movement.

Get Connected. Stay Connected

Check out our awesome KBG Events

Latest VOICE newsletter